



## STRIDING OUT ACROSS THE JURA MOUNTAINS!

*The Jura Mountains are the ideal destination for walkers: well-preserved nature, lakes, waterfalls, peaks and panoramic views...The gentle slopes of the massif are perfect for enjoying a family walk in the heart of nature and its more technical trails are a delight for those who love a sporting challenge. The Contraband Route, the Lakes Route or even the legendary Grand Colombier allow walkers to practice their passion along trails that provide a procession of varied and spectacular landscapes.*

### **The connected one: the Franco-Swiss Contraband Trails**

On the programme: one great big well-connected adventure tour! Three thematic walking trails inspired by local history are on offer: « L'Orlogeur », « Le Colpoleur » and « la Bricote ». These trails are punctuated by puzzles and role-play games that let you explore the secrets of the history of contraband. The 60km « l'Orlogeur » is divided into 5 stages that link Morteau and La Chaux-de-Fonds in Switzerland. The return leg can be undertaken by train along the Clockmaker's Line. This itinerary allows you to admire remarkable sites, such as the Saut du Doubs falls and its pools, or to discover museums devoted to clock making and the history of timepieces in the towns of Morteau, Villers-le-Lac, Le Locle or La Chaux-de-Fond. An accompanying thematic booklet will assist walkers with all the information, anecdotes and details they need to discover this trail.

[www.lescheminsde-la-contrebande.com](http://www.lescheminsde-la-contrebande.com)

**To explore nearby:** *The Tuyé farmhouse of Papy Gaby offers a visit that delves into the secrets of the flavour some Salaison cured meats. In a large chimney known as a Tuyé the meats are smoked: it is this process that gives the meat its flavours of pine and spruce. The visitor is invited to discover the ancestral savoir-faire of the butcher and to sample lard, pork fillet, ham and the legendary Morteau sausage.*

### **The spectacular one: The Hérison Waterfalls**

Situated in the Lakes Region, the Hérison falls lead you on a trail of around 4km that is studded with drops and cascades. This is the largest ensemble of waterfalls in France: there are a total of 31 waterfalls to discover all along this sign-posted route. The Saut de l'Eventail and the Grand Saut are undoubtedly the most spectacular, cascading from a height of 65 metres. Along this walk it is possible to see Jacquand Mill, the Château Garnier, the Saut de la Forge falls and the Maison du Saut Girard, all bearing witness to past industry in the area. In fact, people settled in the Hérison Valley in times past precisely to use the power of the water and the area's natural resources like iron, grain and wood. The Maison des Cascades centre retraces the wonderful history and legends associated with this extraordinary spot.

[www.juralacs.com](http://www.juralacs.com)

**To explore nearby:** *Situated along the Lakes Route, we invite you to discover the other marvels that lie along this trail, such as the Eolienne Garden that provides a botanical trail featuring more than 300 plants in their natural environment or the Belvedere des 4 Lacs that provides exceptional views of the lakes of Narlay, Ilay, Petit and Grand Maclu.*

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#### **PRESS CONTACT:**

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*Photos : Alain Doire, Laurent Cheviet, Franck Charel*





## The panoramic one: The Grand Colombier

One of the mythical climbs of the Tour de France, the Grand Colombier is not just for those on two wheels! In fact, sign-posted trails allow you to reach the summit on foot where you can admire the view as you peruse the peaks from 1,534 metres up. Overlooking the Upper Rhône Valley, Le Bugey and its vineyards, on a clear day the Grand Colombier offers an exceptional panorama that features the Alps and Mont Blanc on the horizon. This 360 degree viewpoint also provides the unique setting from which you can discover the lakes of Léman, Annecy and Le Bourget. There is also a great diversity of animal and plant life on this peak. You might be surprised by a chamois or some larks along your fragrant walk as you step across a carpet of daffodils or wander down an alpine meadow dotted with globeflower or mountain dianthus.

[www.bugeysud-tourisme.fr](http://www.bugeysud-tourisme.fr)

**To explore nearby:** *The vineyards of Le Bugey stretch right up to the foot of the Grand Colombier. The grape varieties used in the wines of Le Bugey are varied and boast Protected Appellation of Origin status. These wines provide a marvellous accompaniment to the local specialities: Diots, warm pâté, Tome de Belley cheese, nut tart, Ramequin cheese or Salés aux Noix biscuits.*

### More information at:

[www.montagnes-du-jura.fr](http://www.montagnes-du-jura.fr)

[www.printemps.montagnes-du-jura.fr](http://www.printemps.montagnes-du-jura.fr)

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